



Carrollton Christian Fellowship

Intro to the Old Testament: 5-Day Preteen Devotions

Day 1: Understanding Beginnings

Scripture: Genesis 1:1 - "In the beginning, God created the heavens and the earth."

Reflection:

Have you ever started a new school year or moved to a new neighborhood? Beginnings can be exciting, but also a bit overwhelming. Just like the creation of the world, our lives have beginnings too. Genesis tells us that God was there at the start of everything, even at the start of your life. Knowing that God is at your beginning can help you feel confident and secure wherever you go.

Prayer:

Dear God, thank You for being with me at the beginning of my life and at the start of every new adventure. Help me to remember that You are always with me, guiding my steps.
Amen.

Day 2: Choices and Mistakes

Scripture: Genesis 3:6 - "When the woman saw that the fruit of the tree was good for food and pleasing to the eye, and also desirable for gaining wisdom, she took some and ate it."

Reflection:

Even though Adam and Eve made a mistake by eating the forbidden fruit, God still loved them and had a plan for them. Sometimes you might make choices that aren't the best, like arguing with a friend or not listening to your parents. But remember, God loves you no matter what and He helps you learn and grow from your mistakes.

Prayer:

Lord, help me make good choices and learn from my mistakes. Thank You for loving me and guiding me even when I mess up. Amen.

Day 3: Trusting God's Promises

Scripture: Genesis 12:1-2 - "The Lord had said to Abram, 'Go from your country, your people and your father's household to the land I will show you. I will make you into a great nation, and I will bless you.'"

Reflection:

Imagine leaving everything you know to follow God's plan like Abram did. It must have been scary! But Abram trusted God with all his heart. As a preteen, you face many new experiences and choices about who you'll become. Trust that God has amazing plans for your life, even if you don't know exactly what they are yet.

Prayer:

God, help me to trust Your plans for my life. Give me the courage to follow You and believe in Your promises, just like Abram did. Amen.

Day 4: Growing Through Tough Times

Scripture: Genesis 37:23-24 - "So when Joseph came to his brothers, they stripped him of his robe—the ornate robe he was wearing—and they took him and threw him into the cistern."

Reflection:

Joseph went through some really tough times, but God was with him through it all. Sometimes school, friendships, or family situations can be challenging. Remember that God uses difficult times to help you grow stronger and more faithful, just like He did with Joseph.

Prayer:

Dear God, when things get tough, help me to remember that You are always with me. Use these times to help me grow and trust in You more. Amen.

Day 5: Being a Blessing to Others

Scripture: Genesis 50:20 - "You intended to harm me, but God intended it for good to accomplish what is now being done, the saving of many lives."

Reflection:

Joseph's story shows us that God can turn even the hardest times into something good. You can be a blessing to others by sharing your kindness, helping friends, and showing them the love of God. Your actions can make a big difference, just like Joseph's did.

Prayer:

Lord, help me to be a blessing to others and share Your love with my friends and family. Show me how to use my experiences to help those around me. Amen.

Final Thought: Being a preteen is an exciting time full of new beginnings, choices, and growth. Remember that God started everything, including your life, and He is always with you. Trust Him with your journey, learn from your challenges, and be a light to those around you.