

Day 1: Recognizing Spiritual Helplessness

Scripture:

Matthew 5:3 - "Blessed are the poor in spirit, for theirs is the kingdom of heaven."

John 15:5 - "I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing."

Devotional:

High school can be an exciting yet challenging time where you're learning who you are and what you can achieve. It's easy to think that success and happiness are entirely up to you. However, Jesus reminds us that we are truly blessed when we recognize our need for Him. Being "poor in spirit" means understanding that we can't do anything meaningful without God.



This isn't about feeling inadequate; it's about acknowledging that our strength comes from God. When we stay connected to Him, like branches on a vine, we bear much fruit. Lean on Jesus today and let Him guide you in your daily walk.

Prayer:

Lord, help us to recognize our spiritual helplessness and our need for You. Teach us to depend on You and to stay connected to You in all that we do. Amen.

Day 2: Finding Comfort in Our Grief

Scripture:

Matthew 5:4 - "Blessed are those who mourn, for they shall be comforted."

Psalm 34:18 - "The Lord is close to the brokenhearted and saves those who are crushed in spirit."



Devotional:

High school is filled with emotional ups and downs—friendship dramas, academic pressures, and personal insecurities. Jesus promises that those who mourn will be comforted. Mourning in this context is about understanding and admitting our struggles and asking God for help.

When you bring your heartaches and disappointments to God, He draws near to you. He offers comfort and healing that no one else can provide. Remember, it's okay to feel sad and to bring those feelings to God. He is always ready to comfort you and to heal your heart.

Prayer:

Father, we bring our sorrows and struggles to You. Comfort us with Your presence and heal our broken hearts. Help us to trust You more each day. Amen.



Day 3: Embracing Humility

Scripture:

Matthew 5:5 - "Blessed are the meek, for they shall inherit the earth."

Philippians 2:3 - "Do nothing out of selfish ambition or vain conceit. Rather, in humility, value others above yourselves."

Devotional:

In high school, it's common to face pressures to prove yourself and to stand out among your peers. However, Jesus teaches that true greatness comes through meekness and humility. Being meek doesn't mean being weak; it means being strong enough to trust God's plans over your own.



Practice humility by valuing others above yourself, showing kindness and respect, and trusting God to lift you up in His time. You'll find that a humble heart opens doors to incredible opportunities and blessings.

Prayer:

Lord, teach us to be humble and to value others above ourselves. Help us to trust in Your plans and to walk in meekness and humility. Amen.

Day 4: Craving Righteousness

Scripture:

Matthew 5:6 - "Blessed are those who hunger and thirst for righteousness, for they shall be filled."

Psalm 42:1 - "As the deer pants for streams of water, so my soul pants for you, my God."



Devotional:

High school is a time when many appetites and desires can pull you in different directions. Jesus calls us to hunger and thirst for righteousness—to desire a right relationship with Him above all else. This kind of longing will be deeply satisfied, more than any temporary pleasure the world offers.

Just as a deer longs for water, let your soul long for God's presence and His righteousness. Spend time in prayer, read His Word, and let His love fill the deepest desires of your heart.

Prayer:

Heavenly Father, create in us a hunger and thirst for Your righteousness. Let us seek You above all else and be satisfied in Your presence. Amen.



Day 5: Being a Peacemaker

Scripture:

Matthew 5:9 - "Blessed are the peacemakers, for they shall be called children of God."

Romans 12:18 - "If it is possible, as far as it depends on you, live at peace with everyone."

Devotional:

High school can be a breeding ground for conflict—between friends, classmates, family, or even within yourself. Jesus calls us to be peacemakers, actively working to bring peace in our relationships. This isn't always easy, but it reflects God's nature and His desire for reconciliation.



Being a peacemaker means being willing to forgive, to listen, and to understand others. It means seeking harmony and showing God's love in all your interactions. As you pursue peace, you'll reflect the heart of God and be known as His child.

Prayer:

Jesus, make us peacemakers in our schools, families, and communities. Help us to bring Your peace into every conflict and to reflect Your love in all we do. Amen.

Use these daily reflections to help ground your high school journey in faith, recognizing that true achievement and satisfaction come not from worldly successes but from a deeper relationship with God. Seek Him first, and let His Spirit guide you through every challenge and opportunity.