

Day 1: The Beatitudes – Learning to Live Like Jesus Scripture

- Matthew 5:1-12 (The Beatitudes)
- Galatians 5:22-23 (Fruits of the Spirit)
- Psalm 119:11 (Hiding God's Word in Your Heart)

Devotion

Jesus talks about being blessed when we show kindness, mercy, and are peacemakers. Think about how you can show these traits in your everyday life, whether it's at school, at home, or with friends. Remember, the Holy Spirit helps us to live like Jesus.



Reflection

As a preteen, you might be figuring out who you are and what you believe in. The Beatitudes in Matthew 5:1-12 Jesus gives us a glimpse into the kind of person He wants us to be as citizens of His Kingdom wants us to be—kind, humble, and loving.

Prayer

"Dear Jesus, help me to live like You. Teach me to be kind, humble, and loving. Let Your Holy Spirit work in my heart so I can show Your love to everyone around me. Amen."



Day 2: Fulfilling the Law – Understanding True Obedience Scripture

- Matthew 5:17-18 (Jesus Fulfills the Law)
- Romans 8:4 (Righteous Living through the Spirit)
- Psalm 119:105 (God's Word as Guidance)

Devotion

It's one thing to follow rules because you have to, but Jesus wants us to follow them out of love and respect. Think about why rules are important and how following God's rules can help you be a better person, and ask Jesus to strengthen you so that you can follow His rules to show kindness to others.



Reflection

Rules are a part of everyday life at school and home.

Jesus teaches us that He came not to get rid of the rules but to show us how to really live by them, with a heart full of love.

Prayer

"Lord, help me to obey Your rules with a happy heart. Show me how to live in a way that pleases You, not just because I have to, but because I want to. Guide me with Your Word and help me make good choices. Amen."



Day 3: Reconciliation over Retaliation – Fixing Friendships Scripture

- Matthew 5:23-24 (Reconciliation)
- Ephesians 4:26-27 (Do Not Let the Sun Go Down on Your Anger)
- Colossians 3:13 (Forgiveness)

Devotion

When you have a fight with a friend or family member, remember that Jesus wants us to make peace quickly. Holding onto anger only hurts us more. Think of ways you can be the first to say sorry and make things right.

Reflection

Sometimes arguments happen, even with friends. Jesus teaches that fixing our relationships is more important than staying mad, getting even, or changing friends.



Prayer

"Jesus, please help me to be quick to say sorry and fix my friendships. Teach me to forgive just like You forgive me. Help me to let go of my anger and to be a peacemaker. Amen."

Day 4: Loving Your Enemies – Showing Kindness No Matter What

Scripture

- Matthew 5:43-47 (Love Your Enemies)
- Romans 12:20-21 (Overcoming Evil with Good)
- Proverbs 25:21-22 (Kindness to Enemies)



Devotion

Think about someone at school or in your life who is hard to get along with. Jesus wants you to show them kindness and pray for them. This is how we show the world what Jesus' love looks like.

Reflection

It's easy to be kind to our friends, but what about those who aren't nice? Jesus tells us to show kindness to even the people who are mean to us.

Prayer

"Lord, help me to love everyone, even those who aren't nice to me. Teach me to be kind and to pray for them. Let my actions show Your love, even in tough situations. Amen."



Day 5: Being the Light – Shining for Jesus Everywhere Scripture

- Matthew 5:14-16 (The Light of the World)
- Philippians 2:15 (Shining Like Stars)
- John 8:12 (Jesus, the Light of the World)

Devotion

Think about ways you can be a light at school, at home, and in your neighborhood. It could be through simple acts of kindness, helping someone in need, or just being a good friend. Let your actions show others the love of Jesus, and ask Jesus to give you the strength to do this.

Reflection

You have a special light inside you because of Jesus. He wants you to shine brightly and be a good example to others in everything you do.



Prayer

"Lord, help me to be a light in this world. Show me how I can shine brightly for You through my actions and words. Use me to make a difference and bring Your love to those around me. Amen."

This 5-day devotional is designed to help preteens understand and apply Jesus' teachings from Matthew 5 to their everyday lives. Through these reflections, they will learn to grow in their faith and express it in practical ways.