



## **Carrollton Christian Fellowship**

Day 1: Establish Your Foundation

Scripture: Matthew 5:1-16

Reflection: Jesus' teachings in the Beatitudes serve as a blueprint for the life of a disciple. Understanding and having these embodied in our lives is essential for anyone starting a new chapter in life, such as college or recent college graduates.

Devotional:

This week, let's dive deeper into the foundational elements of our faith, starting with the Beatitudes. Jesus begins the Sermon on the Mount by outlining what it means to live a blessed life. He emphasizes qualities like humility, meekness, mercy, and purity of heart. These aren't just spiritual ideals; they are practical characteristics He desires to work into our lives by His power and Holy Spirit.

Matthew 6: College Devotions



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Meditation: Reflect on Matthew 5:1-16, and consider how these works of the Holy Spirit can shape your decisions and actions in this new phase of life. What does it mean to be "the salt of the earth" and "the light of the world" in your career and personal relationships?

Action: Pick one Beatitude that resonates with you the most and make it your focus this week. Journal your thoughts and experiences as you read through scripture on how the Lord desires to work that characteristic into your life.

Prayer:

Heavenly Father, as I embark on this new journey, ground me in Your teachings. Help me to be salt and light in all I do. Amen.



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Day 2: The Proper Relationship with God's Word

Scripture: Matthew 5:17-48; 2 Timothy 3:16-17

Reflection: Understanding and having a proper relationship with God's Word is crucial for spiritual growth and direction.

Devotional:

As you step into the world as a college student or preparing for graduation, it's essential to understand that the Bible is not just a book of rules but a guide for a relationship with Jesus. Jesus himself came to fulfill the law, showing us how He empowers us to live in a way that honors God. Too often, we can get caught up in the 'do's and don'ts' and miss the heart of God's message to us.



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Meditation: Reflect on how you've engaged with the Bible during your college years. Has it been a source of strength and wisdom, or something you checked off your to-do list?

Action: Spending fifteen minutes daily in God's Word. Start with the Sermon on the Mount. Reflect back on any notes from the sermon and ask the Lord to do a new work in the areas of His Beatitudes that only He can do by the power of His Holy Spirit.

Prayer:

Lord, help me to build a robust and meaningful relationship with Your Word. Guide me in Your truth and instruct me through Your teachings. Amen.



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### Day 3: Aligning Your Heart and Emotions

Scripture: Matthew 6:1-18; Proverbs 3:5-6

Reflection: Jesus teaches us the importance of where our heart is directed, especially concerning our deeds, prayers, and fasting.

#### Devotional:

Life in and after college can be filled with uncertainty and pressure. However, your emotions and intentions are paramount in living a life that glorifies God. Jesus highlights that our actions, whether it be in serving, praying, or fasting, should be done in humility and not for human praise.

Meditation: Reflect on your motives. Why do you do what you do? Are you seeking approval from others or from God?



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Action: During this week, strive to align your intentions with God's will. When you perform a kind act or spend time in prayer, do it for God's glory. Journal how your perspective shifts when your motives align with God's.

Prayer:

Father, guide my heart to seek Your approval above all else. Help me to act in ways that honor You, not for praise from others but for Your glory. Amen.

Day 4: Trusting in God's Provision

Scripture: Matthew 6:19-34; Philippians 4:6-7

Reflection: Jesus assures us that God knows our needs and will provide. We are to seek His kingdom first, trusting that everything else will fall into place.



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### Devotional:

Transitions within college or transitioning from college to a career can bring a lot of anxiety about the future. Jesus tells us not to worry about our lives but to trust in God's provision. God's care for the birds and the flowers is a reminder of how much more He cares for us.

Meditation: Reflect on areas in your life where you struggle to trust God. What steps can you take to hand over your worries to Him?

Action: Make a list of worries and then pray over each one, handing them over to God. Seek His Kingdom by continually giving these to Him every time they arise, trusting that He will provide. Paul tells us to take every thought captive, 2 Corinthians 10:5; and transform them by the reviewing of our minds, Romans 12:2. All of which the Lord completes by meditating on His Word.



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Prayer:

Lord, I trust You with my future. Help me to seek Your kingdom first and to rely on Your provision day by day. Amen.

Day 5: Living with Eternal Perspective

Scripture: Matthew 7:1-29; James 2:12-13

Reflection: Jesus wraps up the Sermon on the Mount by warning against judgment and encouraging us to live rightly, building our lives on His teachings.

Devotional:

It's easy to get caught up in the hustle of college life, but Jesus reminds us to keep an eternal perspective. This means not only avoiding judgment but also living according to His Word, as it forms a firm foundation for our lives.





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Meditation: Think about your long-term goals and aspirations. How can you ensure they align with God's eternal perspective?

Action: Write down practical steps to live out this eternal perspective in college, your career, relationships, and personal growth. Reevaluate your goals as you continue through staying in relationship with God's Word to ensure they align with Jesus' teachings and His Heart.

Prayer:

Heavenly Father, help me to live daily with an eternal perspective. May my life be a reflection of Your Word, and may You be the foundation upon which I build all my hopes and dreams. Amen.

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