

## I. Introduction to Matthew 6

### 1. Proper Relationship with Our Emotions and Hearts

- Focus on Jesus' teachings in Matthew 6 about the internal life of the disciple and avoiding external displays of piety for human approval.

## II. Breakdown of Matthew 6

### 1. Charitable Deeds (Matthew 6:1-4)

#### Key Points:

- Avoid doing charitable deeds for show (Matthew 6:1).
- Do them secretly for God's recognition, not man's (Matthew 6:2-4).



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### Cross References:

- 1 Samuel 2:2 - Hannah's prayer as an example of focusing on God.
- James 5:2-3 - Warning about the corrosion of earthly treasures.

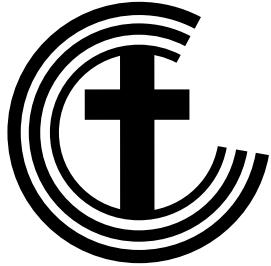
## 2. Prayer (Matthew 6:5-15)

### Key Points:

- Pray sincerely, not for public admiration (Matthew 6:5-6).
- Avoid vain repetitions (Matthew 6:7-8).
- Lord's Prayer as a model (Matthew 6:9-13).
- Importance of forgiveness (Matthew 6:14-15).

### Cross References:

- Luke 11:1-4 - Parallels to the Lord's Prayer.
- 1 Samuel 2:2 - Hannah's sincere prayer.



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### 3. Fasting (Matthew 6:16-18)

#### Key Points:

- Fast without drawing attention to yourself (Matthew 6:16-18).

#### Cross References:

- 2 Chronicles 20:3 - Jehoshaphat's fasting and seeking God.

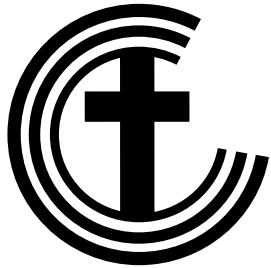
### 4. Treasures in Heaven (Matthew 6:19-21)

#### Key Points:

- Store up treasures in heaven, not on earth (Matthew 6:19-21).

#### Cross References:

- James 5:2-3 - Earthly treasures' temporary nature.



## 5. The Lamp of the Body (Matthew 6:22-24)

### Key Points:

- The eye as the lamp, guiding light or darkness (Matthew 6:22-23).
- Serving God, not materialism (Matthew 6:24).

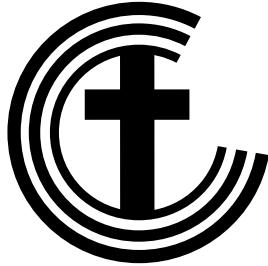
### Cross References:

- Luke 11:34-36 - The eye as the lamp of the body.
- Luke 16:13 - Cannot serve both God and mammon.

## 6. Do Not Worry (Matthew 6:25-34)

### Key Points:

- God's provision for life's needs eliminates worry (Matthew 6:25-30).
- Seek first God's kingdom (Matthew 6:31-34).



### Cross References:

- Luke 12:22-34 - Parallels on not worrying.
- 1 Samuel 2:2 - Trusting God as in Hannah's example.

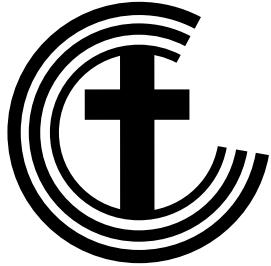
### III. Applications and Implications

#### 1. Trust in God's Provision and Focus on Spiritual Growth

- Emphasize the need for reliance on the Holy Spirit and proper understanding of Scripture.

#### 2. Avoiding Legalism and Cultural Conformity

- Christians should avoid following cultural traditions and legalistic practices not anchored in God's Word.



### 3. Practical Steps for Living Out Matthew 6

- Secret service and prayer.
- Righteous fasting.
- Prioritizing heavenly treasures.
- Maintaining spiritual vision.
- Living a worry-free life through faith.